



KENTUCKY BOARD OF EXAMINERS OF PSYCHOLOGY NEWSLETTER

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[HTTP://PSY.KY.GOV](http://psy.ky.gov)

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Happy New Year
from the
Board of Examiners of Psychology

Practicing without a License?

The KBEP has noticed that there have been some cases that have come to the Board's attention in the form of a complaint to the Board, where graduating students are hired by their internship agency or another agency and immediately start practicing prior to their application for licensure. They are in essence practicing without a license when this occurs and this violates the Kentucky law and regulations.

A license is not just a piece of paper, but an assurance that those who hold themselves out to the public have the training and skill to provide the care they promise. Our licensing requirements are serious and are put into place to safeguard the public and assure the public that you are a qualified professional.

The Board wishes to be user friendly and encourage both internship training directors and supervisors to advise and guide students in this situation to begin their application process before they start gainful employment and begin the practice of psychology.

As a Board, we wish to reduce and eliminate the potential for violations of the Kentucky statutes and regulations. The mission of KBEP is to protect the public and educate their psychological providers with the law and regulations of the Board. Potential providers should become familiar with KRS 319 and the KAR administrative regulations before they begin to practice. It is available online in its entirety on the KBEP website retrieved at: [Kentucky Board of Examiners of Psychology <http://psy.ky.gov>](http://psy.ky.gov) - Thomas W. Miller Ph.D.

In this issue:

- Greetings & Farewell & Practicing without a License?
- One Stop Online Renewal, Continuing Education, Farewell
- Telehealth Law, PSYPACT, & Therapeutic Value of Sports
- Upcoming Events, Meetings, and Exams

The purpose of the State Board of Psychology is to administer and enforce the statutory authority and to monitor the needs of the consuming public. The board examines and licenses all eligible candidates for entry into the profession of psychology. It recommends appropriate changes in the law to assure fairness and equality. The board conducts formal hearings when necessary and prosecutes by due process any violators of KRS 319.



We are caring practical professionals, engaged educators, active community leaders, fun loving family members, continuing education participants, and most importantly, we're here for you! Please feel free to contact us.

ONE STOP ONLINE RENEWAL

KENTUCKY ONE STOP BUSINESS PORTAL REGISTRATION

The Kentucky One Stop Business Portal (One Stop) is an initiative to conduct online services with Kentucky state government through a single online portal. Registration with One Stop is a prerequisite to renewing your license online. You may use your existing user name and password to sign into One Stop. If you did not renew online last year, you must create a One Stop account. If you are having trouble creating or using this account, please contact One Stop at 502-782-8930 and wait through the entire message to be transferred to the next available agent, or email KYBOS.SUPPORT@ky.gov. If you are creating a new One Stop business account, you will receive an email with a link to activate your account. Please allow up to fifteen (15) minutes for this email to be delivered to your inbox. Upon receipt, click the link to activate your account and log into One Stop using the username and password you created (One Stop automatically generates "cit" in front of your username). You must then close that browser, return to the board's website and click the yellow renewal tab. This will take you directly to the Occupations and Professions user registration page.

OCCUPATIONS AND PROFESSIONS ONLINE RENEWAL SYSTEM

You are required to enter your user name and password again. This is the exact same username and password used for the One Stop Business Portal, as above. As you advance through the renewal system, you must click the "Continue" button at the bottom of each screen. Do not press the "Enter" key; please wait 2-3 seconds before clicking "Continue" or you may be looped back and have to start over. Be sure that you have double-checked your email address, phone numbers and all other contact information, as requested, when renewing your license. The board needs this information for future correspondence. If your contact information changes throughout the year, you must submit a name/address change form, available on the website.

The Office of Occupations and Professions suggests completing your renewal at least two weeks prior to your expiration date.

ONLINE RENEWAL TIPS

- 1. Having trouble registering your account or remembering your password in One Stop?**
 - a. Call or Email One Stop at [\(502\) 782-8930](tel:5027828930) or KYBOS.SUPPORT@ky.gov
 - b. Do **NOT** create another account because this will create additional problems.
- 2. Unable to register in Sales Force?**
 - a. Are you eligible to renew? *The system will only allow a license to be renewed within 60 days prior to expiration date.*
 - b. Are you entering your user name from One Stop accurately?
User name is case sensitive.
 - c. Be sure to use the same email address we have in Sales Force.
- 3. Are you getting looped during the renewal process?**
 - a. Wait 2-3 seconds after making your selection and then click "Continue".
If you click too fast or hit the enter key, you may get looped.
 - b. If you are entering information that requires calculation (continuing education, etc.) have enter the number and then press the "Tab" key until you have entered your last number and then click "Continue" (after waiting 2-3 seconds). Try to enter the numbers different ways (example: 12 or 12.0).

Detailed instructions with screenshots are on our board's website, psy.ky.gov, and clicking on the "Online Renewal Instructions" link under Quick Links. Thanks!

Many thanks to our faithful former Board members. Your service, professionalism, and camaraderie were greatly appreciated and we wish you all the best!



*Thomas W. Miller Ph.D.
Educator, Author, &
International Consultant*

Favorite Quote:

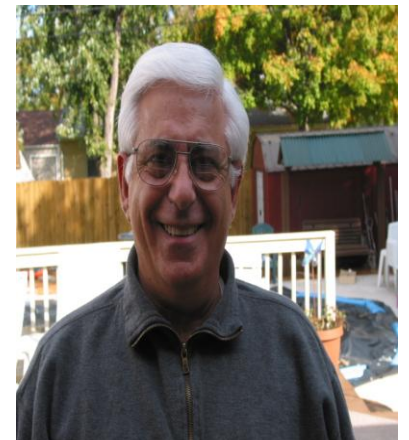
*"It's not the years in your life that count,
it's the life in your years"
- Abraham Lincoln*

Stanley A. Bittman Ph.D.

"2011 Psychologist of the Year"

Favorite Quote:

*"The problem with words is that you don't
know whose mouth they've been in"*



Board Disciplinary Actions can be found at www.PSY.KY.GOV

KENTUCKY HAS A TELEHEALTH LAW IN STATUTE AND ADMINISTRATIVE REGULATIONS BY: THOMAS W. MILLER, PH.D. ABPP & MARK BRENGELMAN, J.D.



Psychologists in Kentucky should be aware of the Telehealth law and administrative regulations that govern their practice. KRS 319.140(1)(a)-(b) require [s] a treating psychologist utilizing telehealth to ensure a patient's informed consent and to maintain confidentiality when utilizing telehealth technology. Furthermore, KRS 319.140(2)(a) – (c) require the Board to promulgate an administrative regulation governing the prevention of fraud and abuse and the prevention of fee-splitting, and also allowing the utilization of telehealth in psychological services as well as continuing education. For more information visit [The Kentucky Statutes and Regulations are available for all to review on line at:](#)

[HTTP://PSY.KY.GOV/DOCUMENTS/PSY%20LAWS%20AND%20REGULATIONS.PDF](http://psy.ky.gov/Documents/PSY%20LAWS%20AND%20REGULATIONS.PDF)

Association of State & Provincial Psychology PSYPACT

The Association of State & Provincial Psychology Boards' (ASPPB) recent newsletter 'ASPPB Central', notes that they have been working hard on a project called the Psychology Interjurisdictional Compact (PSYPACT) designed to help regulate telepsychology. PSYPACT is an interstate compact that provides a formal structure to facilitate the implementation of legally binding requirements to regulate interjurisdictional telepsychology, temporary in-person, face-to-face practice. In order to ensure all practitioners utilizing the PSYPACT have met acceptable standards, PSYPACT will require that psychologists obtain the Interjurisdictional Practice Certificate (IPC) and/or the E.Passport to verify their education, training, and experience.

For additional information regarding PSYPACT, visit www.psypact.org, contact the Executive Director of PSYPACT, Janet Orwig at jorwig@asppb.org and she can arrange a visit to your jurisdiction to share how it will work for your state.

TELEPSYCHOLOGY'S ACCESS TO INTER-JURISDICTIONAL CARE

Thomas W. Miller Ph.D. ABPP Chair, KBEP Telepsychology Subcommittee

For psychologists interested in providing psychological treatment across state and provincial lines, the ASPPB Mobility Program, Inter-jurisdictional Practice Certificate (IPC) is the vehicle for licensed psychologists using any form of telecommunication. The IPC grants temporary authority to practice based on notification to the licensing board of intention to practice temporarily, and verification of one's qualifications for such practice by ASPPB. The IPC allows psychologists to provide temporary psychological services in jurisdictions that accept the IPC for at least *30 work days* (a day being defined as any part of a day in which psychological work is performed) per year without obtaining full licensure in that jurisdiction. In situations where the psychologist wishes to extend the duration of the work past 30 days, the jurisdiction would determine whether the temporary permission to practice could be extended or regular licensure would be required.

There is a DECLARATION OF INTENDED PRACTICE FORM to be completed and must be submitted to ASPPB and allows use of the IPC for jurisdictions participating in the program. Unless permitted by the visited jurisdiction's law, the IPC cannot be used to represent the psychologist as fully licensed to practice in the jurisdiction in which one wished to practice short-term. The jurisdiction may require the psychologist to apply for full licensure if the Psychology Board feels the services in their jurisdiction warrant such an action. Under no circumstances are IPC holders to conduct on-going part-time services on a regularly scheduled basis in a visited jurisdiction without obtaining regular licensure in that jurisdiction. The psychologist must acknowledge that the psychologist may be required to complete a criminal background check in order to provide services in the receiving jurisdiction.



Furthermore the IPC holder must abide by all state or provincial laws and regulations as they pertain to the practice of psychology and acknowledge that as an IPC holder will be under the disciplinary jurisdiction of both the board/college in which one is licensed/registered as well as the one in which the psychologist is working short-term. Finally the IPC holder must report to ASPPB any criminal, unethical or disciplinary actions involving the holder that arise after the application for the IPC is made. For Kentucky licensed psychologists compliance with all aspects of KRS 319 is required.

Continuing Education

KRS 319.032(1)(f) requires a continuing education requirement for renewal of a license. "Continuing education" means participation in an approved program beyond the basic educational requirements that meet the requirements established in Section 2(1) of this administrative regulation. (2) "Continuing education (CE) hour" means a fifty-five (55) minute clock hour of instruction. Commencing on the first license renewal date after June 30, 2013, each license holder shall document the completion of at least thirty-nine (39) continuing education hours approved by the board within the three (3) year renewal period and for each subsequent renewal period. All licensees of this Board are responsible for following the regulation governing continuing education.

BRING THE FUN WHEN YOU'RE HELPING SOMEONE!



THERAPEUTIC VALUE OF SPORT FOR CHILDREN WITH DISABILITIES

Authors: Thomas W. Miller, Rebecca S. Timme, Lindsay Burns and John Ragsdale

Abstract: Developmentally disabled children and their families face numerous challenges throughout their lives. The focus of this chapter is to provide health care professionals with models that may be beneficial in the care and treatment of children with a spectrum of disabilities. Attention to both physical and psychological aspects of their involvement in sport activities will be explored as well as their ability to perform, coping mechanisms, and anxiety that may be experienced. Decreasing maladaptive behaviors with these children will be explored, including necessity for redirection to task and inappropriate communication. The clinical assessment of disabled children prior to their participation will be discussed in detail, as well as how to match a sport with a child. Existing contemporary models of sport involvement such as the "Miracle League" model will be examined (Miracle League 2008). This program is specifically designed for children with developmental disabilities and may include programs in baseball, basketball, swimming, martial arts and other sport activities. The importance of future clinical research will be discussed. The opportunity for sports participation among individuals with disabilities has grown dramatically in recent decades. A thorough understanding of the issues involved as well as the how to address the concerns is paramount for anyone who works with disabled individuals. The benefits of sports participation for the disabled are numerous. Nationally, rates of obesity in the general population are increasing, and the disabled tend to have lower levels of fitness and higher rates of obesity than their nondisabled peers. There is a growing body of literature demonstrating improved outcomes in multiple health measures with fitness programs and sports participation. In addition, sports participation helps develop a healthy self-concept, builds confidence, and improves overall quality of life. Sports also provide children with special needs with valuable social interactions, both with other disabled individuals, as well as their nondisabled peers.

"There is a growing body of literature demonstrating improved outcomes in multiple health measures with fitness programs and sports participation," said Miller. "In addition, sports participation helps develop a healthy self-concept, builds confidence, and improves overall quality of life. Sports also provide children with special needs with valuable social interactions, both with other disabled individuals, as well as their nondisabled peers."

Miller mentors faculty, particularly those who are in the earlier stages of their academic careers, and residents in the UK College of Medicine. "Mentoring residents and faculty who want to publish and learn more about academic medicine is part of my life today," said Miller. "The co-authors provided the detail in addressing readiness for children with special needs wanting to participate in sports and some have been regular 'buddies' for these children participating in the Toyota Bluegrass Miracle League at Shillito Park, home of the Miracle League in Lexington."

For more information about the therapeutic value of sport for children with disabilities, contact Thomas Miller at tjmiller06@insightbb.com [tjmiller06@insightbb.com] or (859) 224-8563.

To obtain the Handbook of Sports Psychology visit Nova Science Publishers

https://www.novapublishers.com/catalog/product_info.php?products_id=15122

UPCOMING MEETINGS & EVENTS

<u>DATE</u>	<u>TITLE</u>	<u>LOCATION</u>
1/4/2016	Regular Board Meeting	Board Offices
2/1/2016	Regular Board Meeting	Board Offices
3/7/2016	Regular Board Meeting	Board Offices
4/4/2016	Regular Board Meeting	Board Offices
5/2/2016	Regular Board Meeting	Board Offices
6/6/2016	Regular Board Meeting	Board Offices
7/TBD/2016	Special Board Meeting	TBD
9/12/2016	Regular Board Meeting	Board Offices
10/3/2016	Regular Board Meeting	Board Offices
11/3/2016	Special Board Meeting - KPA Annual Conference	Louisville, KY
12/5/2016	Regular Board Meeting	Board Offices

EXAMINATION DATES

<u>EXAM DATE</u>	<u>DEADLINE TO SUBMIT MATERIALS</u>
2/12/2016	12/15/2015
5/13/2016	3/15/2016
8/12/2016	5/15/2016

PLANNING TO MOVE?



REMEMBER TO KEEP THE BOARD INFORMED OF YOUR CURRENT CONTACT INFORMATION.

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